

# YOU'RE INVITED TO OUR COMMUNITY BABY SHOWER

**Wednesday, Aug. 3 ▪ 10 a.m. - 2 p.m.**  
**Sweetwater Pavilion ▪ South Entrance**

This special event will include demonstrations on how to safely use baby carriers as well as presentations on the importance of safe sleeping practices. A Sugar Land police officer will discuss car seat safety. Plus, lactation consultants from our Birthing Center will be available to talk one-on-one with new and expecting moms and provide guidance and support.

Refreshments ▪ Door Prizes



Houston Methodist Sugar Land Hospital  
16655 Southwest Frwy.  
Sugar Land, TX 77479  
[houstonmethodist.org/sugarland](http://houstonmethodist.org/sugarland)

For more information call, **281.274.7080.**

