

Career & Personal Development Resource Guide

YOUR VOICE: SHARE WITH US

Voice Pillar: Your voice matters, and we want to hear from you. If you have an idea that could improve a process at our hospital, we encourage you to submit an idea ticket. You can do this at your department's Daily Huddle or by **scanning this QR code**.



IDEA TICKET Date _____

Your Name _____

Problem _____

Why is it happening? _____

Potential Solution _____

Other Department(s) Involved? _____

Impact Area:
 People Service Quality/Safety Finance

Action Taken

Who _____ What _____ By When _____

TRAINING PROGRAMS: GROW WITH US

- **Nursing Role Transition Program (NRTP):** This program provides access for registered nurses to prepare to transition to another practice area.
- **Clinical Education and Training:** Learn more about clinical classes offered, with topics such as ACLS & PALS, Clinical Enrichment, Preceptor Workshop, Nonviolent Crisis Intervention, Teach Back, and more.

For a list of classes, times and how to register, visit our intranet page and click on 'Education and Training' under the 'HMSL Department' sidebar on left.

LEARN WITH US

Learning Modules: Everyone learns differently. We have self-paced modules available in LMS as well as in-person workshops for everyone interested in learning more about some of our Performance Excellence methodologies and tools.

- **Performance Excellence Champion**
- **Fundamentals of Lean**
- **Lean Tools**
- **Lean for Kaizen Team Members**
- **Strategic Planning**
- **Innovation Tools**
- **5S**
- **How to Write a Kaizen Event Charter (in-person)**
- **A3 Problem Solving (in-person)**

Email performanceexcellence@houstonmethodist.org for any questions about the courses.

AMBASSADOR PROGRAM: JOIN US

If you are passionate about the many ways in which our hospital serves our community, we want to hear from you! The primary objective of the Houston Methodist Sugar Land Community Ambassador Program is to build a team of representatives who can serve as educators, influencers and informal navigators within their existing circles of trust or those they develop over time while increasing awareness of our oncology services.

Learn more about the program and its benefits by **scanning this QR code**.



SHARED GOVERNANCE COUNCILS: LEAD WITH US

All employees are invited to join a Shared Governance Council to represent their unit/department and learn more about other departments across the hospital. This is a great way to meet people, grow professionally and get involved. If you would like to join a council, email the leader listed below.

COUNCIL	LEADERSHIP
Clinical Practice & Patient Safety	Christine Reid
Policy & Procedure	LaTanya Shelby
No Harm Wound Care	Alexis Arti
No Harm Infection Prevention	Diane Blair
No Harm Fall Prevention	Anna Stephenson
Workplace Environment	Teresa Gonzales
Professional Development	Barbara Cox

COUNCIL	LEADERSHIP
Magnet Champions	Haley Mattiza
Night Shift	Jonathan D. Adams
Clinical Informatics	Cecilia Sandil
Research & EBP	Qin Chen
Advanced Nursing Practice	Michelle Moreno Lee
Education	Joseph Altamirano

Additional resources on reverse side.

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DIVERSITY, EQUITY & INCLUSION (DEI)

DEI Toolkit is where you will find various resources to help you and your team continue the conversation around important DEI topics in an effort to create a culture of inclusion here at Houston Methodist. **Scan the QR code** at right.



Employee Resource Groups (ERGs) are employee-led, voluntary groups that join together based on common interests, backgrounds or demographics to support a diverse and inclusive workplace.

Scan the QR code at left to see what is offered and how to join.



SPIRITUAL CARE

We understand that working in a health care environment can be stressful, no matter your role. At HMSL, your spiritual care team is here for you, always.

Scan the QR code below to learn more about how our chaplains can support your spiritual needs.



MENTAL & EMOTIONAL HEALTH

While the work you do is an inspiration to others, it can take its toll. You and your family have resources to lean on when you need support, a helping hand or just someone to listen.

Scan the QR code below to see free resources available to you.



EMPLOYEE WELLNESS

Employee Wellness offers a variety of ways to help you focus on your well-being. From sleep and stress to fitness and chronic condition management, we have virtual and in-person programs for everyone.

Scan the QR code below to find out how Wellness Services can support you.



CAREER CENTRAL

HR Career Central:

If you want to build skills in your current role or plan for your career future, HR's Career Central can help you get started.



Leadership and Learning:

The Houston Methodist Academy of Leadership and Learning offers development opportunities for staff at all levels.



Percipio: The Percipio website and mobile app offer more than 40,000 videos, e-learnings, digital books, audiobooks, and articles on a wide range of business, communication, leadership, and technology topics.



Additional resources on reverse side.

